

WAITE CONTRACTS Paul Hewitt Cycles Saturday 12th September at 14:00hrs

A Limited Edition Ten ~ Course P829a - 10 mile A 10 mile Time Trial Preceding The National Youth Championships

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Timekeepers Start:	Chris Thomas (a3crg), Alan Sharpen (Sotonia CC)		
Timekeepers Finish:	Kathleen Collard-Berry, Maria Golden (a3crg)		
Start Line Official	tart Line OfficialJohanna Lovell (Portsmouth North End CC)		
Finish Line Officials	h Line Officials Caitlin Peters (Torelli), Erica Fogg (Utag RT/Sotonia)		
Headquarters:	Martin Whitty (a3crg)		
Marshals Crew:	Members & Colleagues of VC St Raphael &a3crg		

Headquarters are at Wickham Community Centre, Mill Lane, Wickham, Fareham PO17 5AL

To get to the start (1.2 miles ~ 12 minutes) proceed down Mill Lane & turn left to get to the cross-roads, cross over the A32 & onto the B2177 towards "Hundred Acres" just before the sign for North Boarhunt (nearest Postcode is PO17 6HY)

Course Details

Course Record: Gary Chambers 00:20:49 ~ Women's Course Record: Angela Carpenter 00:24:25

START in layby on B2177 (Southwick Road) at Hundred Acre just before the North Boarhunt sign. Proceed East on the B2177, taking care at Staple (staggered) crossroads. Continue on to Southwick roundabout & carry straight on staying on the B2177 up Southwick Hill towards Portsmouth to turn at roundabout junction with James Callaghan Drive (Portsdown Roundabout) 4.633 miles. Retrace downhill to Southwick roundabout & go over (not literally) staying on the B2177 & once more taking care over Staples crossroads, passing through the start, to **FINISH** at Holts Mead in line with TP134, 0.375 miles west of start

(Only Event Crew Parking In the Start Lay-By)

Your number, will be placed on a table at the HQ, please check your number on the list. Numbers will have been sanitised and no safety pins will be provided. If you need them please bring your own.

Event Protocol: You are asked to maintain social distancing. No gatherings in groups & turbo trainer warm ups will be allowed if this is done away from other competitors and out of view of the road. We are allowing 5 riders at a time at the start therefore please time your arrival at the start line a maximum of 4 minutes before your time,

This event precedes "The National Youth Championship", therefore there will a lot of stressed persons about & getting in a panic, there will be many hissy-fits, please show patience & understanding, as for the youngsters riding, well I doubt they will be a problem at all, remember, please give them a bit of encouragement on their big day.

There will be no pusher-offer, you will have to do a standing start on your own. Rolling starts will not be permitted. Please do not warm up along the course once the event has started & no stopping off at the Burger Van at the turn as the ketchup will only stain your skinsuit.

At the finish please shout your number for the finish timekeepers; they are rubbish at lip reading. Do not approach the finish timekeepers; they are not fed before the event. Please move away from the finish as soon as you can breathe again, we have nobody spare for crowd control, please make your way back to the HQ.

Num	Start Time	Rider	Squadra/Team/Club	Category
12	14:12	Stephen Skinner	Velo Club St Raphael	Vet
13	14:13	Mike Anderson	Velo Club Venta	Vet
14	14:14	David Donald	Fareham Wheelers CC	Vet
15	14:15	John Aldwinckle	Portsmouth Triathletes	Vet
16	14:16	Simon Stevens	Velo Club Venta	Vet
17	14:17	David Knight	Portsmouth North End CC	Sen
18	14:18	Nigel Powell	Velo Club St Raphael	Vet
19	14:19	Jason Frizzell	Portsmouth Triathletes	Vet
20	14:20	Andrew Mosley	Lincoln Wheelers CC	Vet
21	14:21	Matthew Puddick	Portsmouth North End CC	Sen
22	14:22	Darren Lyons	Velo Club Venta	Sen
23	14:23	Fran Marshman	Portsmouth North End CC	Fem-Vet
24	14:24	Gemma Dobson	a3crg	Fem-Sen
25	14:25	Deborah Smith	Southdown Velo	Fem-Vet
26	14:26	Paul Ashley	Fareham Wheelers CC	Vet
27	14:27	Colin Mooney	Portsdown Hill CC	Vet
28	14:28	William Sawyer	Andover Wheelers	Vet
29	14:29	Darren Anderson	Nieuw Bos	Vet
30	14:30	Rob Arkell	Fareham Wheelers CC	Sen
31	14:31	Tristan Galloway	GS Mossa	Esp
32	14:32	Melissa Eve Cooper	Chapel Tri Junior Triathlon Club	Fem-Juv
33	14:33	Freya Richardson	Liv AWOL	Fem-Jun
34	14:34	Ben Williams	GS Mossa	Sen

Remember to Switch on that Red Rear Light

No Results Will Be Posted At The Event

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require a you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is also <u>compulsory</u> that a WORKING REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

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